



5 Day Self Cancer Treatment Program (with Don & Hera)

TIME	Day 1 (Mon)	Day 2 (Tue)	Day 3 (Wed)	Day 4 (Thur)	Day 5 (Fri)	TIME
7:30am						7:30am
8:00am						8:00am
8:30am	Consultation w Don					8:30am
9:00am	SELF Treatment Training 1			SELF Treatment 4	SELF Treatment 5	9:00am
9:30am	(8:00am-12:30pm)	Consultation w Hera		(8:30am-10:30am)	(8:30am-10:30am)	9:30am
10:00am		Dietary lesson	SELF Treatment 3			10:00am
10:30am		(9:00am-11:30am)	(9:30am-11:30am)			10:30am
11:00am				Cooking class n lunch	Cooking class n lunch	11:00am
11:30am				(10:30am-1:00pm)	(10:30am-1:00pm)	11:30am
12:00pm						12:00pm
12:30pm		SELF Treatment 2				12:30pm
1:00pm		(12:00pm-2:00pm)				1:00pm
1:30pm						1:30pm
2:00pm	SELF Treatment 1		SELF Treatment Training 3	SELF Treatment Training 4	SELF Treatment Training 5	2:00pm
2:30pm	(1:30pm-3:30pm)	SELF Treatment Training 2	Don's Tailored Treatment	(1:30pm-6:00pm)	(1:30pm-6:00pm)	2:30pm
3:00pm		(2:00pm-6:30pm)	(1:30pm-6:00pm)			3:00pm
3:30pm						3:30pm
4:00pm						4:00pm
4:30pm						4:30pm
5:00pm						5:00pm
5:30pm						5:30pm
6:00pm						6:00pm
6:30pm						6:30pm